

EDUCATION

American University

Washington, DC – 2012

Master of Arts in International Media

Focus: Information and Communication Technologies for Development, Comparative and International Communication Policy

California Polytechnic State University

San Luis Obispo, CA – 2005

Bachelor of Science in Journalism, Minor in International Relations

TEACHING EXPERIENCE

Instructor | Principia College – Elsah, IL | July 2025 – Present

- Courses in Digital Media & Journalism Department:
 - MDIA 237: Gender, Race & Class in Media
 - MDIA 258: Podcasting
 - MDIA 263: Public Relations
 - MDIA 266: Public Relations Writing
 - MDIA 301: Mass Media in Society
 - MDIA 302: Media Law & Ethics
- Courses in First Year Experience (FYE) | Fall 2026
 - GEN 120: Social (Me)dia
- Courses in Special Studies as faculty director of Greece Study Abroad | Summer/Fall 2025
 - SPST 285: Country Studies: Greece (co-taught)
 - SPST 281: Reentry Seminar: Greece

Visiting Faculty | Principia College – Elsah, IL | May 2020 – August 2021; August 2023 – May 2024; Spring 2025

- Courses taught in Digital Media & Journalism Department:
 - MDIA 263: Public Relations
 - MDIA 302: Media Law & Ethics
 - MCOM 028: Newspaper Production
 - MCOM 228: Newspaper Practicum
- Mentored *Pilot* newsmagazine editors, writers, photographers, and designers, including discussion of ethical guidelines

RELATED HIGHER EDUCATION EXPERIENCE

Study Abroad Program Manager | Principia College – Elsah, IL | July 2018 – June 2025 (*Interim Director, Fall Semester 2024*)

- Manage portfolio of off-campus, faculty-led study abroad and field programs
- Collaborate with Principia Study Abroad office team, on-campus departments, and overseas and domestic partners to ensure coordination, compliance, and smooth operation of programs
- Monitor and manage department and program budgets
- Facilitate assessment of program and department learning outcomes
- Design and implement in-class workshops for all study abroad programs on the department's Student Learning Outcomes based on developing Intercultural Competence and Multicultural Professional Development
- Create marketing plan and messaging for Study Abroad Office and maintain website and social media
- Coordinate student application and selection process

Resident Counselor (RC), Malawi Study Abroad | Principia College – Elsah, IL | *May – June 2023*

- Managed student welfare; facilitated group meetings, debriefs, and character education sessions part of a 4-week, faculty/staff team on a summer break faculty-led study abroad program
- Coordinated in-country logistics and managed program budget/expenses
- Supported interfaith activities for group and individual spiritual growth

Residential/Community Educator (RCE), Greece & Italy Study Abroad | Principia College – Elsah, IL | *August – November 2016*

- Managed student welfare; facilitated group meetings, debrief, and character education sessions as part of a 14-week, faculty/staff team on a semester faculty-led study abroad program
- Coordinated in-country logistics and managed program budget/expenses
- Enforced institutions' education abroad policies and procedures

PROFESSIONAL MEDIA EXPERIENCE

Infographics Editor | The Christian Science Monitor | Boston, MA | *June 2013 – February 2014*

- Produced and wrote 20 in-depth, online infographics on relevant and timely issues including immigration myths, Iran's nuclear capacity, the Affordable Care Act, and racial inequality
- Researched and compiled data for infographic content; collaborated with graphic designer

Writer/Editor | The Christian Science Monitor | Boston, MA | *May 2012 – May 2013*

- Developed and reported stories for the national news desk on issues including politics, education, religion, society, and health care; proofread and edited stories for website and guest blogs

Research Assistant | Investigative Reporting Workshop – Washington, DC | *September 2010 – April 2012*

- Researched and wrote journalists' career timelines for the Workshop's Investigating Power project
- Conducted research and fact checking for a variety of investigative news projects involving state X-ray regulations, broadband connections, and the NBC Universal-Comcast merger
- Monitored and updated the Workshop's social media content including Facebook and Twitter
- Compiled Google analytics and social media metrics for Workshop grant reports

Web and Editorial Production Assistant | National Geographic Society – Washington, DC | *May – August 2011*

- Coordinated web production of crowd-sourced Travel Favorites project including trouble shooting, data entry, and location mapping using National Geographic's in-house content management system
- Conducted fact-checking and research for stories published on the Travel section of the National Geographic website
- Updated metadata for user-generated photo galleries to enhance search engine optimization (SEO)

Research and Communications Associate | International Women's Media Foundation – Washington, DC | *January – May 2011*

- Conducted research and compiled summaries on candidates nominated for IWMF's annual Courage in Journalism and Lifetime Achievement Awards
- Wrote blogs and session reports during the International Conference for Women Media Leaders
- Networked with media organizations to identify women leaders in the industry worldwide

OTHER PROFESSIONAL EXPERIENCE

Class Leader | DiscoveryBound's National Leadership Council (NLC) – Remote | *November 2017 – January 2022*

- Facilitated 4-year leadership development program for class of 17 high school students
- Designed and implemented curriculum on subjects including the Student Leadership Challenge, Institute for Global Ethics, The Greatest Thing in the World, and Acts of the Apostles

- Mentored students' successful completion of capstone projects, internships, and Congressional Award service
- Supported individual and group spiritual and character-based growth

Program Director | DiscoveryBound's National Leadership Council (NLC) – Denver, CO | *November 2016 – July 2018*

- Managed a 4-year, service-based leadership program for 160 high school students nationwide
- Recruited and trained 16 class leaders in remote facilitation best practices and digital communication
- Coached and supported class leaders with teen group dynamics and behavior management issues
- Developed and maintained relationships with all NLC program stakeholders
- Implemented and assessed NLC curriculum and resources
- Crafted communication content for program including flyers, website, and bi-annual reports
- Designed and distributed annual NLC program evaluation; collected and analyzed results for reports
- Created and monitored \$550,000 annual budget; designed and executed five-year strategic plan

Program Supervisor | DiscoveryBound's National Leadership Council (NLC) – Denver, CO | *April 2014 – August 2016*

- Processed mentor applications and facilitated mentor training
- Evaluated teen applications and interviewed teen and parents for program class selection
- Organized and maintained curriculum and facilitation resources in addition to program database

National Volunteer Coordinator & Trainer | U.S. Peace Corps – Tamale, Ghana | *November 2008 – December 2009*

- Designed and facilitated interactive trainings for 120 volunteers and 250 host-country partners on national gender-awareness and HIV-prevention initiatives
- Mentored volunteers on project management and personal well-being
- Managed facilities, equipment, resources, and daily administrative needs of Peace Corps sub-office

Community Health Educator | U.S. Peace Corps – Ofosu, Ghana | *September 2006 – November 2008*

- Collaborated with local health workers to implement district-wide health education programs for rural populations on malaria, family planning, maternal/child nutrition, and HIV prevention

ACADEMIC PUBLICATIONS

Citizen Security and Social Media in Mexico's Public Sphere, co-author

Virtualis – July 2013 ([Link](#)) | *Virtualis* is a semi-annual publication edited by Tecnológico de Monterrey through the Research Directorate of the School of Humanities and Education. The research focused on the broader issue of citizen security in Mexico, how it is being discussed in the public sphere, and how this is changing the public sphere.

Research presented to the U.S. Department of State (April 6, 2012) and Inter-American Development Bank (April 20, 2012)

PROFESSIONAL PUBLICATIONS

The Christian Science Monitor: [Articles](#) and [Infographics](#)

Selected articles and infographics can be found on my [LinkedIn profile](#)

INSTITUTIONAL SERVICE – PRINCIPIA COLLEGE

Principia Abroad Advisory Committee (PAAC) – 2018 to 2025

New International Student Orientation, Co-facilitated session on The Culture Map – August 2024

Reimagination Thematic Working Group (Center for Narrative, Meaning, and Media) – 2023-2024

New Student Orientation, Facilitated session on Developing Intercultural Awareness & Competence – August 2023

Search Committee, Financial Aid Officer – Spring 2023

Search Committee (Chair), Executive Assistant to the Academic Deans – Spring 2022

Student Media Guidelines Task Force – Spring 2021

Search Committee, Study Abroad Program Manager – Spring 2020

Staff Council (leadership body of Staff Senate) – 2020-2022

Global Citizenship Advisory Board – 2018-2020

CERTIFICATIONS

Facilitating Intercultural Learning – True North Intercultural LLC

(In Process) Professional Certification in Education Abroad – Forum on Education Abroad

PROFESSIONAL MEMBERSHIPS

Online News Association (ONA)

Public Relations Society of America (PRSA)

Association for Education in Journalism and Mass Communication (AEJMC)

Forum on Education Abroad

LANGUAGES

Spanish – Basic

Twi (Ghana) – Basic

French – Beginner

Greek – Beginner

TECHNICAL SKILLS

Software

- Advanced in Microsoft Office Suite: Word, Excel, PowerPoint; Google Drive Suite
- Proficient in Adobe Suite: Photoshop, InDesign, Final Cut Pro
- Familiar with HTML, CSS, WordPress, organization-specific CMS programs, and Audacity

Social Media

- Advanced in Facebook, X (formerly Twitter), Instagram, Canva
- Familiar with TikTok

TOP 5 CLIFTONSTRENGTHS

Learner | Intellection | Developer | Relator | Positivity